



**MSTCA Girls & Boys Pentathlon Invitational**  
**Saturday, April 13, 2019 (NOON)**  
**North Andover High School**  
**430 Osgood St, North Andover, MA**

Hosted by:	North Andover High School
Sanctioned by:	M.I.A.A.
Meet Director:	Rick Kates <a href="mailto:rkates@ndahingham.com">rkates@ndahingham.com</a> 781-749-5930
Entry Deadline	April 8 <sup>th</sup> , 2019 at midnight - All entries will be due on <a href="http://www.directathletics.com">www.directathletics.com</a>
Sponsored by:	Marathon Sports
Participating Schools	Open to all MIAA athletes from all divisions and regions that are eligible to compete on their school's team according to the high school principal.
Events and Standards:	<ul style="list-style-type: none"> <li>• Shot Put- no standard</li> <li>• Long Jump- no standard</li> <li>• High Jump- no standard</li> <li>• 100 Meter (girls) /110 Meter (boys) Hurdles- no standard</li> <li>• 1,500 meters (boys)- no standard</li> <li>• 800 meters (girls)- no standard</li> </ul>
Participation Rules:	<ul style="list-style-type: none"> <li>• M.I.A.A. rules will be in effect.</li> <li>• NFHS Uniform rules will be enforced</li> <li>• All athletes must be accompanied by a coach</li> </ul>
Team/Athlete Participation	Schools are only allowed 3 athletes per gender. If you would like to enter more than three, a wait list will be established. Please contact meet director.
Entry Fees	<ul style="list-style-type: none"> <li>• \$50 per student athlete</li> </ul> <p>If you enter athletes into this meet, your school is responsible for payment of the entry fees, even if they do not compete. If your school uses the Single Payment option, you complete the entry process, come to the meet and pick up your packet.</p> <p>Make checks payable to: MSTCA.          Payment must be received by April 11<sup>th</sup>, 2018 or your athletes will not be able to compete.          MSTCA IRS Tax ID number: 04-3394224</p> <p>Payments in the form of a check or purchase order, payable to <u>MSTCA</u>, should be mailed as soon as possible to:</p> <p>POs can be sent electronically to: <a href="mailto:mstca.billing@gmail.com">mstca.billing@gmail.com</a></p> <p>MSTCA          c/o Individual Pentathlon Entries          956 Turnpike Road, Unit D          Canton, MA, 02021</p> <p><b>LATE ENTRIES:</b> Late entries are strongly discouraged; however, there is a late fee policy for MSTCA meets. If you miss the <b>Monday (4/7/19)</b> deadline, and still want your team to compete, you must contact the meet director by <b>Wednesday, 4/9</b>, no later than 7 p.m. He is the only one to deal with this request. You will not be able to access Direct Athletics. The late fee will be \$100 per person or relay. No entries will be accepted after <b>Wednesday 4/9</b> at 7:00 p.m. Schools that enter late entrants must bring to the meet a check or Purchase Order for the entry fees plus the late fees, to give to the meet director, or they will not be allowed to compete.</p>
Awards	Top 5 boys and girls will receive awards. No team scoring

<b>Results</b>	Results will be posted on <a href="http://www.mstca.org">www.mstca.org</a> , the official MSTCA web site.
<b>Spikes</b>	Only 1/8" or 1/4" PYRAMID spikes allowed. Anyone using needle spikes or longer spikes than recommended will be immediately disqualified and banned for the remainder of the meet.
<b>Facility Information</b>	North Andover High School is an 8-lane oval and straightaway
<b>High Jump</b>	2 high jump pits will be in use Starting Heights: Girls – 3' 11.5"; Boys -4' 7.75" High jump attempts will be measured in metric Height progression will be up by 5 centimeters
<b>Long Jump</b>	2 long jump pits will be in use Each athlete will receive 3 attempts All fair attempts will be measured in metric
<b>Shot Put</b>	1 shot put area will be in use Each athlete will receive 3 attempts All fair attempts will be measured in metric
<b>Equipment</b>	Please bring your own shot puts. Starting blocks will be provided.
<b>Order of Events</b>	10:00 am start: 110 Hurdles (boys) 100 Hurdles (girls)  Long jump – boys (2 pits) High Jump – girls (pit 1)  High Jump – boys (pit 2) Shot Put – girls  Shot put – boys Long Jump – girls (2 pits)  800 Meters – girls 1500 Meters - boys
<b>Emergency Contact</b>	All coaches must have filled out an MSTCA Emergency Contact Form online (see MSTCA website) or pass in a hard copy at the meet before being allowed to retrieve your packet for your team. Also, all coaches must fill out the Single Season waiver form found on <a href="http://www.mstca.org">www.mstca.org</a> prior to registering your team for the meet.
<b>Inclement Weather</b>	In case of bad weather, the decision to cancel will be made by 6:30 AM. Coaches should check the MSTCA website for information regarding cancellation, postponement or rescheduling of the meet. Rick Kates        781-706-3340 Frank Mooney     508-728-9921